

परम्परा प्रार्थना

ॐ असतो मा सद् गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्माऽमृतम् गमय ॥
ॐ शान्तिः शान्तिः शान्तिः

Asato mā sadgamaya ।
tamasomā jyotir gamaya ।
mriyormāamritam gamaya ॥
Om śhānti śhānti śhāntiḥi

Lead me from the unreal to the real
From darkness to light
m death to immortality
Om peace, peace, peace

May you move in harmony, speak in one voice;
let your minds be in agreement;
just as the ancient gods
shared their portion of sacrifice.

*This is the Shanti Mantra (Mantra of peace)
of the Brihadaranyaka Upanishads (1.3.28).*

ॐसर्वे भवन्तु सुखिनः ।
सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु ।
मा कश्चित् दुःख भाग्भवेत् ॥

**Sarve Bhavantu Sukhinah
Sarve Santu Nir-Aamayaah |
Sarve Bhadraanni Pashyantu
Maa Kashcid-Duhkha-Bhaag-Bhavet |
Om Shaantih Shaantih Shaantih ||**

**May all be happy
May all enjoy health & freedom from disease
May all enjoy prosperity
May none suffer**

Inspired from the Brihadāranyaka Upanishad verse 1.4.14.

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः

**Om Puurnnam-Adah Puurnnam-Idam Puurnnaat-
Purnnam-Udacyate
Puurnnashya Puurnnam-Aadaaya Puurnnam-Eva-
Avashissyate ||
Om Shaantih Shaantih Shaantih ||**

**That is fullness, this is fullness
From that fullness this fullness came
From that fullness when this fullness is removed
Om peace, peace, peace,**

This is the Shanti mantra (invocatory verse) of Isha Upanishad (IshaVasya Upanishad), which is a part of the (Shukla) Yajurveda.

ॐसंगच्छध्वं संवदध्वं
सं वो मनांसि जानताम्
देवा भागं यथा पूर्वे
सञ्जानाना उपासते ॥

**Om! Saṃgacchadhwaṃ saṃvadadhwaṃ
saṃ vo manāṃsi jānatām
devā bhāgaṃ yathā pūrve
sañjānānā upāsate ॥**

**May you move in harmony, speak in one voice;
let your minds be in agreement;
just as the ancient gods
shared their portion of sacrifice.**

This is a Rig Veda hymn (R.V. X -192 -2).